

# How to Cure Blogger's Block

**Date:** February 25, 2010 9:00 AM

**Author:** [Dan Chambers](#)

**Source:** [Velvet blues](#)

**Tags:** [blogging](#), [IntelBuilder](#), [rss](#), [social tools](#), [web development](#)

**Permalink:** <http://www.vestadigital.com/173/section.aspx/188/post/how-to-cure-bloggers-block>

Blogger's block is loosely defined as the aching, painful feeling a blogger gets when the typing hands go numb and the brain goes dead. It is similar to writer's block but it can be much more painful. After blogging for a while, it becomes hard for you to find new things to write about. But you don't need to go to a doctor – the cure for blogger's block is on the list below:

- 1) Browse the web for inspiration. The internet is full of ideas. Take a look at other blogs and write about a new or controversial topic.
- 2) Take a break. It's hard to write when you're overworked. Sometimes it's just as simple as taking a break and allowing your mind to wander. When you return, you might have an idea.
- 3) Go back to basics. Use pen and paper. From infancy, we've been taught to write using writing instruments. So let the keyboard go and try writing the old fashioned way.
- 4) Explore new subjects. All too often, writer's block is caused by the inability to find a new topic within a narrow subject. If you've exhausted everything, branch out into a related subject.
- 5) Lower your expectations. If you are planning on writing a masterpiece, such as something that is sure to hit the first page of [Digg](#), you might have some difficulty. Instead, just focus on writing a simple, well-written post.
- 6) Change of venue. Sometimes a change of locale will help. If you're writing from home, move from the office to the living room, or to the balcony or porch.
- 7) Look at other writing sources. You read a lot of content every day in emails, instant messages, and more. Use those for inspiration.
- 8) Do some research. There is bound to be some topic that's been nagging at you. Take some time and research the new topic, then write a summary.
- 9) Ask your readers for some ideas. If you have a devoted following, let them give you some new material. They will know what they want to read.

- 10) Participate in guest blogging. Let a fellow blogger submit an article for your [blog](#). In turn, you can submit one for theirs. Writing for a new blog gives you new subject matter and it helps you increase your exposure.
- 11) Write in a journal. The best thing about journals is that you can write anything in them. Writing without rules or restrictions is sure to cure any block.
- 12) Find an interesting statistic. Statistics are great ways to start an article, especially if they're shocking or controversial.
- 13) Take the day off. Accept defeat, go home and come back tomorrow.
- 14) Talk about the top news of the day. Regardless of your industry, there is always breaking news. A brief summary of what's new is always great material for an article.
- 15) Comment on other blogs. Not only will it give you inspiration, but it will also give you a bit more exposure.
- 16) Last but not least, write a blog about blogger's block.

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